



Welcome to Dayspring!

Dayspring is a division of Imagine!

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www.imaginedayspring.org



Welcome to Dayspring!

Our mission is to provide quality educational and therapeutic services to support children, families, and the community through:

- A family-centered approach based on the uniqueness of each family and their culture,
- Therapies that reflect best and evidence-based practice,
- A team-based approach driven by the families' needs,
- Innovative community-based activities,
- Various service delivery methods,
- Collaboration with families and other providers, and
- Integrity.

Dayspring consists of four different disciplines: Speech Therapy, Physical Therapy, Occupational Therapy, and Early Childhood Special Education. Our approach to therapy is a team effort.

Our therapists and early childhood special educators travel across Boulder and

Broomfield counties to provide in-home services for children and families. You may also find our team in neighborhood parks, at childcares, in children's museums, or even at the local grocery store. We provide services where families live, learn, and play.

Here at Dayspring, we utilize our Facebook page to keep families up to date on the happenings of Dayspring. We often share posts about our upcoming CCA's (Community Calendar Activities,) fun articles, DIY projects, and so much more! Follow us at www.facebook.com/imaginedayspring.

Community Calendar of Activities

Dayspring would like to introduce you and your family to places in our community that offer great activities and opportunities for children to meet their goals through fun and play. Our activities encourage motor, sensory, social-emotional, cognitive, and speech-language development. All of our calendar activities are free for enrolled children and are also drop-in activities, so no need to sign up. We try to make our activities as parent-friendly as possible, and we think drop-in classes leave room for you to make "game time" decisions with your little one!

Here's how it works

Please meet us at the location and time listed with each activity on our calendar. These activities are drop-in, so no need to sign up – just show up! Our Dayspring Therapists will be there to greet you. Admission fees will be covered for children enrolled in Dayspring.

Siblings are welcome to participate in all activities, and parents are responsible for admission fees for siblings. Parents attend the duration of the activity and are responsible for monitoring their children who have attended to ensure their safety. If you are bringing more than one child please make sure you are able to provide enough adult supervision for all of the children.

Tips for getting the most out of CCAs

1. "There are only invitations, no expectations here." We welcome all children to participate in whatever way feels right for them.
2. Follow your child's lead. Let them repeat the various activities over and over again if they choose. Children will select an activity that best fits their current mood and will change activities when they feel satisfied and ready to move on.
3. Some children just like to watch. Research shows that watching is an important activity for young children. You and your child can watch together or YOU can join the activity. Before you know it your child will be joining in the fun.
4. Be cautious not to force your child to participate. They will join when they are ready.
5. Talk to your child about what they are doing. This can occur during the activity, on the way home, and even several days later.
6. Most of all, have fun with your child!

Please join us and experience these great activities and locations for yourself! If you have questions about the details of an activity or which activities would best meet your child's needs, contact Kate Hines, OTR at (303) 775-0185 or Sara Ostrom, OTR at (303) 249-5227.

If you are wondering if a scheduled event is still happening, call the Community Calendar Cancellation line at (303) 926-6437, check our live, real-time calendar here on our website, or watch for posts on our Facebook page: <https://www.facebook.com/ImagineDayspring/>.

Our Team

One of the unique benefits of receiving Dayspring services is our team approach. While each therapist and teacher is experienced in looking at the whole child, there may be some occasions when she consults or generates ideas with a therapist of another discipline. For example, your priority for your child might be learning to walk, but you are also concerned about her communication skills. Using our team approach, your physical therapist has immediate access to an entire team of speech therapists with whom she may consult. You may see only one teacher or therapist, but you have access to the collective knowledge and experience of an entire team of professionals.

Our Transdisciplinary Team is made up of:

Early Childhood Special Educators ("Teachers")

Early Childhood Special Educators (ECSEs) support children in all areas of development. We focus on determining how children learn best, what motivates them, and what holds their attention. We provide parents with information on the next developmental steps and ideas and activities to assist and motivate children towards further learning. We also look at how children interact with other children and adults in their lives (social and emotional skills), how children play (play skills and socialization), and at how independent they are in eating, toileting, and dressing.

Occupational Therapists ("OTs")

Occupational Therapists assist children in areas like development of fine motor skills in order to complete daily activities and play. For example, we may teach a child to use his hands to hold a bottle, play with toys, or use both hands together to play ball. We look at children's abilities to use their bodies and their sense of touch and movement to explore and learn. We also help to promote independence in activities by helping children learn how to feed or help dress themselves.

Physical Therapists ("PTs")

Physical Therapists assist children in developing gross motor or large muscle skills such as sitting, crawling, and walking. We use a variety of methods of treatment including handling (in which we may move and stretch the child's muscles) and techniques (incorporated into play) to develop new ways to move. We share information, ideas and techniques with you so that you can assist your child in participating in activities at home or in your community.

Speech Language Pathologists ("Speechies" or "SLPs")

Speech Therapists assist children in developing speech and language skills, as well as to improve oral motor abilities, such as feeding. We look at ways to help you help your child communicate better. We provide information, ideas and activities to enhance your child's understanding of her world (receptive language) and ability to express his/her wants and needs (expressive language).

Social-Emotional Supports

Social-Emotional supports use a variety of play and art strategies to support children in social and emotional areas of development such as playing cooperatively with other children and tolerating distress. We assess the child's interaction style and developmental history to determine how this may be affecting his/her behavior. We provide parents with skills to help their children manage frustration and express their wants and needs in an effective manner. Most often, we work within in a consultative model to educate parents on social and behavioral supports for their child.