

# Building Cooperative Behaviors

## *A Free Introduction to Behavior Analysis*

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In order to build cooperative behaviors in others, we must learn to change our own behavior patterns and practices. This class provides a brief overview of selected *evidence-based* behavior principles based on Applied Behavior Analysis (ABA). We will review the dangers of using coercive and punitive methods to change behavior, and will focus on positive alternatives.

Parents, Caregivers, Professionals, Educators/Teachers and Community Members will learn to use Cooperative Behavior Building methods for behavior change by:

- ✓ Recognizing and understanding the five principles of behavior to enhance relationships
- ✓ Distinguishing between proactive and reactive methods and how these two approaches result in diverse outcomes
- ✓ Drawing upon Cooperative Behavior Building methods to increase positive behaviors and decrease challenging or problematic behaviors

## **Classes are free and open to the public**

Class are held at the John Taylor Conference Center at 1665 Coal Creek Drive in Lafayette  
9:00am-1pm/Registration begins at 8:30am  
To register via phone, dial 303.457.5719 or  
via the web <https://secure.imaginecolorado.org/ssl/trainingClassSignUpFree.htm>



### **Schedule 2018**

July 24 - August 21  
September 25 - October 23  
November 27 - No class in December

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