



Imagine!

In order to build cooperative behaviors in others, we must learn to change our own behavior patterns and practices. This class provides a brief overview of selected evidence-based behavior principles based on Applied Behavior Analysis (ABA). We will review the dangers of using coercive and punitive methods to change behavior, and will focus on positive alternatives.

Building Cooperative Behaviors

A Free Introduction to Behavior Analysis

Presenter: Kristin Cowin, M.A., Board Certified Behavior Analyst

Classes are free and open to the public

Class are held at Imagine!'s John Taylor Conference Center, 1665 Coal Creek Drive in Lafayette
9:00 AM-12:00 PM

Spring/Summer Schedule 2020:
February 13, March 5, April 9, May 7,
July 2

Parents, Caregivers, Professionals, Educators/Teachers and Community Members will learn to use Cooperative Behavior Building methods for behavior change by:

- Recognizing and understanding the five principles of behavior to enhance relationships.
- Distinguishing between proactive and reactive methods and how these two approaches result in diverse outcomes.
- Drawing upon Cooperative Behavior Building methods to increase positive behaviors and decrease challenging or problematic behaviors.

Register via phone 303.926.6462 or via the web:
<https://tinyurl.com/BCBClass>